



2021 ANNUAL GENERAL MEETING INFORMATION PACKAGE

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AGM Agenda

Saturday, November 20, 2021 | 3:00 PM - 4:30 PM EDT

1.	Welcome	_____	Amanda Gee
2.	Call to Order	_____	Amanda Gee
3.	Approval of the 2021 Agenda	_____	Amanda Gee
4.	Approval of the 2020 AGM Meeting Minutes	_____	Amanda Gee
5.	Presentation of Annual Reports	_____	Amanda Gee
6.	Presentation of Financial Statements	_____	Waqas I. Yousafzai
7.	Indigenizing Art Therapy - Changes to the Education and Practice Standards	_____	Jen Vivian Amanda Gee
8.	AOP Director Role Development	_____	Nicole Le Bihan
9.	Election of Board of Directors Second term: <ul style="list-style-type: none"> ● President - Amanda Gee ● Vice President - Nicole Le Bihan ● Treasurer - Waqas Yousafzai ● Director of Education - Heidi Argyle ● Director of Governance and Government Relations - Sharona Bookbinder First term: <ul style="list-style-type: none"> ● Director of Communications - Tamara Reynolds ● Director of Research & Publications - Vacant ● Member at Large - Vacant 	_____	Sharona Bookbinder
10.	Announcement of Awards and Bursaries Recipients	_____	Tamara Reynolds
11.	Announcement of 2022 Conference	_____	Gilda Raimondi
12.	Adjournment	_____	Amanda Gee

2020 AGM Meeting Minutes for Approval

2020 AGM Agenda

Date	Nov 14, 2020	Time	2:45pm - 4:00pm EDT	Location	Virtual
Chair	Amanda Gee	Secretary	Samuel Stevenson	Attendees	Listed below
Proxies	0	Email Votes	0		

Members

#	Member Name	Voting/Non-Voting
1	Heidi Argyle	Voting Member
2	Zana Becker	Non-Voting Member
3	Susan Beniston	Voting Member
4	Liz Boutette	Voting Member
5	Kristy Brugman	Non-Voting Member
6	Tehani Burnett	Non-Voting Member
7	Tiffy Caicco	Non-Voting Member
8	Sylvia Calatayud	Voting Member
9	Kayla Cardinal	Non-Voting Member
10	Andrea Carlson	Voting Member
11	Monica Carpendale	Non-Voting Member
12	Raman Cheema	Voting Member
13	Charles Chenard	Voting Member
14	Grace Chiu	Voting Member
15	Suzanne Clease	Voting Member
16	Andy Cleghorn	Voting Member
17	Olena Darewych	Non-Voting Member
18	Cori Devlin	Voting Member

19	Christy Doran	Non-Voting Member
20	Caroline Embling	Voting Member
21	Laura Foster	Voting Member
22	Chelaine Froese	Non-Voting Member
23	Ana Garcia	Non-Voting Member
24	Amanda Gee	Non-Voting Member
25	Alexandra Hanania	Non-Voting Member
26	Petrea Hansen-Adamidis	Voting Member
27	Kim Hendi	Non-Voting Member
28	Heather Hennick	Voting Member
29	Sandra Hewitt-Parsons	Voting Member
30	Erica Hirschfeld	Voting Member
31	Diana Hoffman	Voting Member
32	Cheryl Horn	Voting Member
33	Charity Hu	Voting Member
34	Maya Ichikawa	Voting Member
35	Elisabeth Ioannides	Non-Voting Member
36	Marlaina Jaques	Voting Member
37	Jan Joubert	Voting Member
38	Jessica Kerekes Rinn	Non-Voting Member
39	Patricia Ki	Voting Member
40	Gillian King	Non-Voting Member
41	Deb Kopeschny	Non-Voting Member
42	Margherita La Gioia	Non-Voting Member
43	Nicole Le Bihan	Non-Voting Member
44	Janice LeBlanc	Voting Member
45	Kate Leppard	Non-Voting Member
46	Tishya Mahindru	Non-Voting Member
47	Michelle Martin	Non-Voting Member
48	Allison McDiarmid	Voting Member
49	Bouchra Messoudi	Non-Voting Member

50	Susana Meza	Non-Voting Member
51	Kate Moo King-Curtis	Voting Member
52	Vickie Morgan	Non-Voting Member
53	Marie Muggeridge	Voting Member
54	Phuong Nguyen	Voting Member
55	Viviana Ni	Non-Voting Member
56	Mary Norton	Voting Member
57	Bailey Oake	Non-Voting Member
58	Ara Parker	Non-Voting Member
59	Christine Parton	Voting Member
60	Jillian Paschen	Voting Member
61	Simran Patel	Non-Voting Member
62	April Penny	Non-Voting Member
63	Olga Perju	Non-Voting Member
64	Jaimie Peterson	Non-Voting Member
65	Lucille Proulx	Voting Member
66	Gilda Raimondi	Voting Member
67	Tamara Reynolds	Voting Member
68	Kelly Roe	Voting Member
69	Kathryn Schmidt	Voting Member
70	Ana Seara	Non-Voting Member
71	Laura Simmons	Voting Member
72	Sara Skipper	Voting Member
73	Susan Spyker	Non-Voting Member
74	Jacqueline Steudler	Voting Member
75	Samuel Stevenson	Voting Member
76	Helen Stirling (Bzdel)	Voting Member
77	Haley Toll	Non-Voting Member
78	Daphne Vachon	Non-Voting Member
79	Ysabelle Vautour	Non-Voting Member
80	Tzafi Weinberg	Voting Member

81	Jess Winnicki	Non-Voting Member
82	Victoria Wirth	Voting Member
83	Esther Zeller Cooper	Voting Member
84	Theresa Zip	Voting Member

2020 Meeting Minutes for approval

1.	Welcome	_____	Amanda Gee
2.	Call to Order	_____	Amanda Gee
3.	Approval of the 2020 Agenda	_____	Amanda Gee
4.	Approval of the 2019 AGM Meeting Minutes Moves: Tamara Reynolds Seconds: Helen Stirling	_____	Amanda Gee
5.	Presentation of Annual Reports <ul style="list-style-type: none">• Olena Darewych asked whether Heidi Argyle, Education Director, was able to connect with program directors this year to gather and discuss any issues or changes this year.• Olena Darewych asked about the comparatively low word count in the CATA-ACAT Journal compared with other journals. Haley Toll and Sharona Bookbinder clarified that there are limitations due to the hardcopy nature of the journal and publication costs. Olena shared that she is an investigator on two research papers that did not select CATA-ACAT journal for publication due to the low word count. Moves: Marie Muggerridge Seconds: Tamara Reynolds	_____	Amanda Gee
6.	Presentation of Financial Statements	_____	Waqas I. Yousafzai
7.	Election of Board of Directors <ul style="list-style-type: none">→ President - Amanda Gee→ Vice President - Nicole Le Bihan→ Treasurer - Waqas Yousafzai→ Director of Education - Heidi Argyle→ Director of Governance and Government Relations - Sharona Bookbinder→ Director of Research & Publications - Mary Norton→ Director of Communications - Patricia Ki Director of Membership - Cheryl-Ann Webster Moves: Michelle Winkel Approval: 33 approve Abstention: 1 Member at Large - Tamara Reynolds Moves: Tamara Reynolds Approval: 33 approve	_____	Sharona Bookbinder

8. **Announcement of Awards and Bursaries Recipients** _____ Heidi Argyle

- *Art Therapy Student Bursary recipient - Jordyn Eberts*
- *Art Therapy Research Grant recipient - Rakshanda Khan*
- *Art Therapy Development Grant recipient will be announced after further consultation with applicants.*

9. **Announcement of 2021 Conference** _____ Gilda Raimondi

- The 2021 conference will be held in Newfoundland and Labrador. The conference chair will be Sandra-Hewitt Parsons.
- Olena Darewych asked for an update on the possibility of CATA-ACAT partnering with BAAT and AATA to host the next international research conference. Sharona responded that the conversation is ongoing and CATA-ACAT is determining whether it has the capacity to take on a project of this scale.

10. **Adjournment** _____ Amanda Gee
Moves: Tamara Reynolds
Seconds: Michelle Winkel

Annual Reports 2020-2021

Contents

Thank Yous	_____	Amanda Gee (NS)
President's Message	_____	Amanda Gee (NS)

Committee Reports

Vice President	_____	Nicole Le Bihan (BC)
Communications	_____	Patricia Ki (ON)
Education	_____	Heidi Argyle (ON)
Membership	_____	Cheryl-Ann Webster (BC)
Research & Publications	_____	Mary Norton (NS)
Journal Editor	_____	Haley Toll (ON)
Online Magazine	_____	Patricia Ki (ON)
Governance & Government Relations	_____	Sharona Bookbinder (ON)
Member at Large	_____	Tammy Reynolds (ON)
Administrator	_____	Bethany MacGillivray (BC)
Chief Technology Officer	_____	Samuel Stevensen (BC)
Treasurer	_____	Waqas Yousafzai (NS)

Thank-Yous

CATA-ACAT would like to thank the following individuals for their leadership and volunteerism this past year.

Executive Council

President	_____	Amanda Gee (NS)
Vice President	_____	Nicole Le Bihan (BC)
Treasurer	_____	Waqas Yousafzai (NS)

National Directors

Communications	_____	Patricia Ki (ON)
Education	_____	Heidi Argyle (ON)
Governance	_____	Sharona Bookbinder (ON)
Membership	_____	Cheryl-Ann Webster (BC)
Research & Publications	_____	Mary Norton (NS)
Member at Large	_____	Tammy Reynolds (ON)

Other Committee Chairs

Journal Editor	_____	Haley Toll (ON)
Online Magazine	_____	Patricia Ki (ON)
Social Media	_____	Patricia Ki (ON)
Advocacy	_____	Sandra Hewitt-Parsons (NL)
Conference	_____	Patricia Ki (ON)
Conference Advisor	_____	Gilda Raimondi (ON)
Registrar	_____	Marie Muggeridge (AB)
Ethics	_____	Sandra Hewitt-Parsons (NL)

There have also been people volunteering on committees who have not been mentioned individually here. We are thankful to all of the volunteers who have supported us and in all the capacities they serve. Thank you to our Provincial Regulation and College representatives, our Editorial Review Board and great committees. Your contributions and expertise benefits us all as a community. Thank you to our administrative positions: Bethany MacGillivray (Administrative Assistant), Samuel Stevenson (Chief Technology Officer) and Patricia Ki (Communications Specialist) for your continued support to all of the board positions and for all of your hard

work for the association as a whole. In addition, we would like to thank other organizations who are working with us to produce conferences and promote excellence in art therapy:

- British Columbia Art Therapy Association (BCATA)
- Ontario Art Therapy Association (OATA)
- Association des art-thérapeutes du Québec (AATQ)
- The American Art Therapy Association (AATA)
- British Art Therapy Association (BAAT)

President's Message

Submitted by: **Amanda Gee**, RCAT, RCT, RP
Lower Sackville, Nova Scotia Mi'kma'ki



What a year to reflect on! I was looking back at our AGM report from last year and even then we could not have predicted that this pandemic would still be going on. Across Canada and around the world people are still struggling, managing and doing their best. There have undeniably been some challenges with a lot of in-person work being on hold because of COVID-19 restrictions but I have been amazed to see how our profession and our membership have risen to the challenge. We have learned new skills with online practice, we have connected online more than ever, personally and professionally, we have expanded learning online. Schools have changed their teaching to support online sessions and clinics. Online art hives, training and peer groups have exploded! Thank goodness for technology through all of this.

Last year we had our first virtual conference and it was great! We were sad to not be able to come together in person but it was so wonderful to see so many familiar faces online. Because of it being online the conference was more accessible to many people who wouldn't have been able to attend in person and we had presentators from around the world. It was wonderful! This year we made the decision to once again hold a conference online - Emergence. We are excited by the presenters and workshops being offered. So many topics that are so needed right now.

There is so much gratitude to express. Thank you as always to our dedicated volunteers, who keep CATA-ACAT moving forward. Thank you to the conference chairs - Patricia Ki and Gilda Raimondi - and the conference committee for organizing this year's virtual conference. Thank you to the AOP working group - Patricia Ki, Mary Norton, and Marie Muggeridge - for all of their amazing work, and to Virginia Jahyu for facilitating the workshop series on anti-oppressive practices in creative arts therapies. Thank you to Marie Muggeridge and the registration committee for all of their work on revamping the RCAT application. Thank you to Bethany MacGillivray and Samuel Stevenson for all of their work supporting the systems and structures that we use as a board. Thank you to Haley Toll for her ongoing excellent work as the journal editor. Thank you to Patricia Ki for her work as editor for the online magazine Envisage and for bringing it to where it is today. And to Sarah Gysin who will be taking on the role as the new editor of Envisage. Thank you to our ethics committee for all of their work in upholding the standards of the practice. And thank you to the members of the board for all of their hard work and dedication - it is a pleasure to work with all of you.

It continues to be an honour to be a part of the board and I look forward to a second term in this role. To our membership, thank you for being a part of CATA-ACAT and we invite you to get involved.

A handwritten signature in black ink, appearing to read 'Amanda Gee', written in a cursive style.

Vice President Report

Submitted by: **Nicole Le Bihan**, MA, DKATI, RCAT
Nelson, British Columbia



Here we are, amidst another dynamic and ever-changing year for the art therapy profession. I have enjoyed the diversity of my role as Vice President on the CATA-ACAT board. The flexibility of the VP portfolio has allowed me to explore and contribute in a meaningful way to various ongoing projects and efforts of the organization. I would like to highlight a few key experiences of the past year.

I continue to represent CATA-ACAT on the FACTBC board, which has kept me informed on all efforts across Canada to regulate the profession of counseling therapy/psychotherapy. In addition, I developed more understanding for the complexities of regulation in some consultation meetings with ACTA about the regulation of counseling therapy in Alberta. At the moment of writing this report, we now have six provinces that have regulated the profession: Ontario, Quebec, New Brunswick, Nova Scotia, Alberta and most recently PEI. Counseling therapy and psychotherapy in the remaining provinces and territories are either unregulated and/or they are in the process of advocating for regulation. On behalf of CATA-ACAT, I thank all volunteers and associations across the nation for their continuous efforts in advocating for our profession and including art therapy in the process.

It was an incredible honour to represent CATA-ACAT at the 2021 Summer School in Art Therapy at the University of Quebec in Abitibi-Témiscamingue. I thoroughly enjoyed the opportunity: to strengthen our connections with French speaking art therapists in Canada; and to participate in a rich dialogue with colleagues from across the world about the global state of art therapy. Merci pour l'invitation UQAT!

As our organization continues to reflect, learn and make changes in response to racism and systemic oppression, I would like to extend deep gratitude for the work of the AOP Committee and the unwavering dedication of Patricia Ki, who has rightfully shed light on many of the shadows we need to address in our profession. It is undeniable that art therapy, including practice, theory, ethics and research, plays a role in reinforcing and sustaining racism and oppression. It is time to make many structural and governance changes that will create space for all art therapists and the multiplicity of approaches to using art for healing and transformation, including Indigenous practices. Multiplicity is also required beyond the organization, and calls on all of us to expand our conceptualization of recruitment, teaching, supervision, research, registration and professional development. As you read the reports of my colleagues, they will highlight some of the work over the last year, and AOP has been on the table amongst much of this work, even if it has simply led to increased awareness and a commitment to further action. I do acknowledge that there remains a tremendous amount of work to do to ensure that all our members feel a sense of belonging. I look forward to where this work will take us and I have faith in our capacity to navigate the challenge and poignancy of what needs to happen.

I love the CATA-ACAT team, and I consider it an honour to serve the membership. Thank you to everyone for their time, energy, passion and collaborative approach. I can't wait until we can meet again in-person!

A handwritten signature in black ink that reads "Nicole Le Bihan". The signature is fluid and cursive, with a large loop for the letter 'L'.

Communications Report

Submitted by: Patricia Ki, RCAT, RSW, PhD Cand.
Tkaronto / Toronto, Ontario



We established the Anti-oppressive Practices (AOP) Working Group at the beginning of 2021. This group partnered with educator and expressive arts therapist Virginia Jahyu to organize a [3-part workshop series on anti-oppressive practices in creative arts therapies](#) from February to May 2021. We'd like to extend much gratitude to Virginia for sharing her wisdom, creative energy, and generous collaborative spirit with us. Much appreciation also to AOP Working Group members Mary Norton and Marie Muggeridge, as well as CATA-ACAT administrators Samuel Stevenson and Bethany MacGillivray, for their dedication, allyship and support in making these workshops possible. Importantly, many, many thank-you's to everyone who has joined the workshop series. Thank you for sharing what's important to you and holding space for one another. Our workshop series has ended but we trust that it is just the beginning to many positive changes in our field and in the world. We look forward to continuing our conversations and collaborations in other spaces in the near future. Particularly, the AOP working group continues to grow in membership and is looking for ways to collaborate with the CATA-ACAT Board in creating structural changes in the association.

Over the last two years we saw a significant increase in requests for marketing and announcement posts, and the need for consistent social media content and online community engagement. Our membership email, "Sharing Art Therapy," has evolved from a mailing every 2-3 weeks to weekly emailing. I have therefore transitioned from a volunteer board member position to a contract part-time administrative/communications position in June 2021, in order to spend more dedicated time for the association's outward communications and graphic design needs. At the same time fellow art therapist Tammy Reynolds is stepping into the communications director position on the board. While in the position of Member-at-Large, Tammy has supported the social media "Wisdom Wednesdays" series, and led the development of the very well-received series, "Art Therapy Tuesday / Blue Blob Campaign," which aims to raise public awareness about art therapy by dispelling common myths and misunderstandings. I look forward to new collaborations and initiatives with the transitions of roles.

A handwritten signature in black ink, appearing to read "Patricia Ki".

Education Report

Submitted by: Heidi Argyle, DTATI, MA, RP, RCAT
Waterloo, Ontario



Another full and changing year. 2021 has brought so many changes in the field of art therapy and I am excited to be working alongside education institutes, students and elders for our continued growth.

I had the honour of leading the major revision to CATA's Education standards, a task which was long overdue. Working closely with program leaders and liaisons we were able to complete this project! The new education standards include updates to supervision requirements making the access to diverse and inclusive learning a possibility for art therapy students. As well, we have added requirements for online learning environments, inclusive language changes and clarity for some provisions.

My eternal thanks goes out to Nicole Le Bihan (KATI), Josee Leclerc (Concordia), Beth Merriam (TATI), Mary Norton (CATA), Michelle Winkle (CiiAT), Darci Adam (WHEAT) and Olga Perju (St. Stephen's) for your time, knowledge and support on this project.

Many important conversations took place over these meetings and it is my hope CATA-ACAT will continue to work closely with these training programs to further improve art therapy education throughout Canada. I have begun work to improve requirements for program review and student program reviews, so that we are ensuring entry to practice standards continue to be relevant and high.

I continued to respond to education inquiries from prospective students and programs; an increase in international inquiries and program reviews demonstrates how CATA-ACAT is continuing to grow its membership base.

Working with our Member At Large, Tammy Reynolds we have continued to improve our grants and bursary process, bringing clarity and consistency to the grants program. Finally, the supervision committee has reviewed and completed steps to bring a Registered Supervisor process to CATA, again increasing our ability to ensure quality development of art therapists and upholding quality standards of art therapy in Canada.

There are so many improvements coming to the profession and I am thrilled to be a part of that forward momentum preparing future art therapists for their careers. I am grateful to have the support of the CATA-ACAT board members, and staff. I would also like to thank the education institution directors and academic deans for their contributions and patience as we navigate these many changes. I look forward to continuing to improve alongside all of you!

A handwritten signature in black ink, appearing to read 'Heidi Argyle'.

Membership Report

Submitted by: Cheryl-Ann Webster, DCiiAT, RCAT
Victoria, British Columbia



My first year on the board as Membership Director has truly flown by!

As a new board member I am continuously encouraged by the collective determination to empower members, increase awareness of the field of art therapy, and strengthen the profession in Canada.

Furthermore, I am fortunate that my board position is heavily supported by our CATA-ACAT Administrative Assistant, Bethany MacGillivray, who manages the daily membership applications and renewals, and CATA Registration Committee Chair, Marie Muggerridge, whose team reviews registration applications. Leaving me to respond to the more unique and unexpected questions and requests from international applicants, members switching professional associations or simply those who have an impressive resume but lack the requirements for CATA membership.

Thankfully, I was able to attend the Calgary conference in 2019 not knowing that it would be the last time many of us would meet in person for a few years. Forgoing the board retreats, clicking zoom links to join each board meeting, and once again preparing for a virtual conference. Without a doubt, the last two years have been challenging! Our lives as art therapists have been impacted in so many ways; our way of studying, working, and living has needed to adapt in a rapidly changing world. Yet, we have remained focussed on our client's emotional wellness, and we remain solid in our core belief that art *is* healing. As such, I am so proud to report that even as we ride the fourth wave of this dreadful pandemic, the number of CATA members has not only been sustained but indeed has increased by **120** new members!

Membership numbers from 2020 AGM report

Registered 185. Professional 413. Student 109. Associate 47. HLM 9. Inactive 8. Total **763** members.

Membership numbers for 2021 AGM report

Registered 202. Professional 448. Student 168. Associate 43. HLM 9. Inactive 13. Total **883** members.

My goal for the upcoming year is to reach out to members to open a dialogue to discuss their membership and determine how CATA can better support their art therapy journey.

We have all chosen careers that fill our hearts before our wallets and my heart is bursting. In fact, no matter how tired I am when I rush from my duties, as an Executive Director at CiiAT, into a CATA board meeting I am soon invigorated as every meeting is filled with rich discussions and wonderful community spirit. I am honoured to be on the board and will continue my term supporting the board and membership as a whole.

A handwritten signature in cursive script that reads "Cheryl-Ann Webster".

Research & Publications Report

Submitted by: **Mary Norton**, PhD, MPS-AT, RCAT, RCT-C
Wolfville, Nova Scotia Mi'kma'ki



My role as Research and Publications director includes to support the editors of the CATA-ACAT journal and of *Envisage*, the online magazine. As an art therapist, I appreciate the reports and reflections on research, practices, diverse perspectives and creative approaches offered through the two publications. As R and P director, I continued to learn about and appreciate the extensive behind the scenes work that brings these publications to our doors and desktops. Thank you **Haley Toll** and **Patricia Ki** for your vision, skills, perspectives and commitment as editor of the *Canadian Journal of Art Therapy: Research, Practice, and Issues // Revue canadienne d'art-thérapie : recherche, pratique et enjeux* and as editor of *Envisage*, respectively, and to the writers, reviewers and other volunteers and to the staff at Taylor and Francis, journal publishers. Haley's and Patricia's reports follow this one.

Reviewing and renewing the contract with Taylor and Francis, the journal publisher, was a focus in early 2021. Haley's report highlights the benefits of working with Taylor and Francis, including a substantial increase in readership. Haley also highlights some exciting collaborations with the American Art Therapy Association and British Art Therapy Association.

It was a pleasure to meet with directors or delegates of art therapy training programs to share and review requirements and practices for students' thesis and final project work. We also reviewed and discussed recommendations regarding the CATA education standard related to thesis and final project requirements.

Also related to research, Sharona Bookbinder, Nicole LeBihan and I continued to explore possibilities for an International Research Conference, in collaboration with the British Art Therapy Association and the American Art Therapy Association. With the support of the CATA board we are advocating for a virtual conference that would extend access to a wider range of participants. Ara Parker will be joining Nicole to represent CATA-ACAT in the collaborative coordination, while Sharona and I step back from the coordination roles.

Other tasks included updating the editors' role descriptions and contract arrangements. Along with other Board members, I participated in various "other jobs as required". I value the experience of Board and Committee colleagues and how their perspectives have expanded my own.

Looking ahead, Patricia Ki is transitioning out of the role of editor, *Envisage*; Sarah Gysin will assume the role in the new year. Haley Toll will continue as the CATA-ACAT journal editor and I am completing my term as Research and Publication Director. I will continue as a member of the journal Editorial Review Board and as a member of the AOP committee.

Mary Norton

CATA-ACAT Journal

Haley Toll, Ph.D. Cand., RP (inactive due to studies), CCC, RCAT
Lead Editor



It has been a pleasure to continue in the role as the Lead Editor with the support of the Research and Publications Director (Mary Norton), Editorial Review Board (ERB) and Taylor and Francis publication team. Next year, the journal will enter a renewed publishing agreement with Taylor and Francis for three years from 2022 to 2024. Some of the amendments include transitioning the journal to a fully online publication and increasing the annual page count to 120 pages, as opposed to 104 pages. This will create space for publishing additional articles or expanding submission word-count.

Over the past year, we have had 18,618 article downloads (YTD), which indicates a 17% increase from last fall (compared to 7% last year). Figure 1 below presents a sustained overall growth trend within the past seven years since we began publishing our journal online with Taylor and Francis. 2020 was our most-read year ever and we are on course to exceed that figure in 2021.

Our journal acceptance rate continues to become more selective with increased submissions and continued growth of our Editorial Review Board. The acceptance rate is illustrated in Figure 2.

Figure 1

Article Downloads – Taylor & Francis Online (TFO) Usage

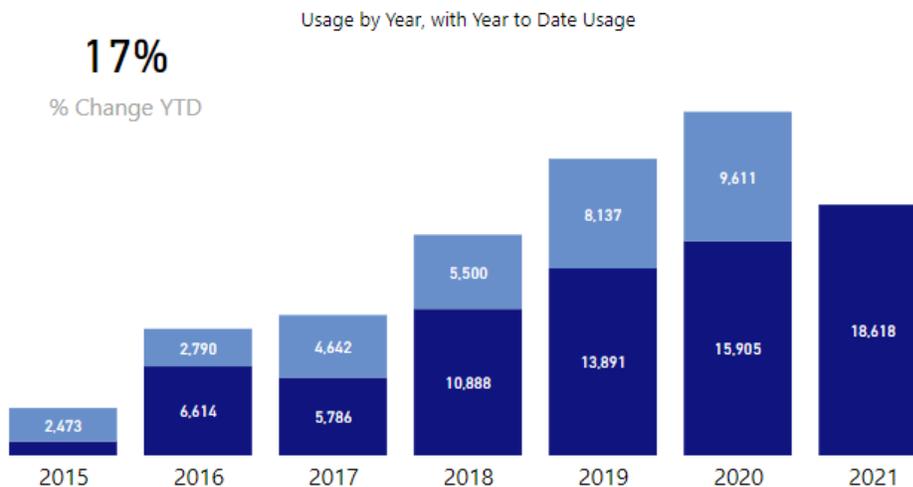


Figure 2

Final Manuscript Decisions



Journal Publications

This year, the Canadian Journal of Art Therapy published two issues that have been deeply moved by the COVID-19 pandemic and anti-oppressive movements. These special issues explore the following themes:

- Volume 33(2) titled [*New Title and Horizons for the Canadian Journal of Art Therapy: Research, Practice, and Issues \(Nouveau titre et horizons pour la Revue canadienne d'art-thérapie : recherche, pratique et enjeux\)*](#) explores the journal's new title with an open issue.
- Volume 34(1) titled [*Art Therapy Now More Than Ever: Re-Assembling, Revisioning, and Shifting Creative Practices During Stormy Times \(L'art-thérapie plus que jamais : réassembler, réviser et changer les pratiques créatives en ces temps tumultueux\)*](#) is inspired by the Canadian Art Therapy Association's 41st Annual Conference theme that took place in Fall 2020.

Upcoming Publications and Calls

- Volume 34(2) will be an open Issue
- Special Issue, Volume 35(1), will explore research and reflections on art therapy education
- We are also seeking submissions for Volume 35(2) Special Issue that is inspired by the 2021 conference. It is titled [*Emergence: Cultivating Hope, Creating Change*](#)
- Finally, in Spring 2023, we look forward to publishing a collaborative special issue exploring [*International Examinations of Anti-oppressive Art Therapy: Intersectionality, Anti-colonialism, and Cultural Humility*](#) (see details below)

CATAJ Team and Collaborations

I have had the opportunity to collaborate with the American Art Therapy Association (*Art Therapy*) and the British Association of Art Therapists (*International Journal of Art Therapy*) Editors, McDonald through meeting monthly with the Editor in Chiefs. This has led to promoting one another's journal content. In addition, BAAT and CATA entered an agreement to mutually offer our free members access to one another's journal content. Therefore, CATA members can access the *International Journal of Art Therapy* contents online when they login

to our website, while BAAT members can access the *Canadian Journal of Art Therapy*. The mutual sharing allows for our journal authors to have expanded readership, while CATA members now have increased access to excellent peer reviewed international articles.

Finally, the three journals will publish a collaborative issue in Spring 2023 with special Guest Editors, titled [*International Examinations of Anti-oppressive Art Therapy: Intersectionality, Anti-colonialism, and Cultural Humility*](#). I look forward to working with Megan Kanerahtenha:wi Whyte on CATAJ's special issue who brings innovative and meaningful research, practice, advocacy, and lived experience to the role. The submission deadline is **March 31, 2022**.

Each journal will focus on a specific topic:

- Intersectionality with the *International Journal of Art Therapy*
- Re-indigenization and Anti-colonialism with the *Canadian Journal of Art Therapy*
- Cultural Humility with the *Art Therapy: Journal of the American Art Therapy Association*

Thank you to our Editorial Review Board members for your meaningful and detailed advice on manuscript submissions that have supported authors throughout the year. We welcome a new member to the board this year, Patcharin Sughondhabirom. We would also like to thank members who have finished their term: Cora McLachlan, Caryl Sibbet Steele, Si Transken, and Philiana Wong. Thank you to our gracious and helpful external peer reviewers for recent issues: Bani Malhotra, Pierre Plante, Vera Heller, Heather McLeod, Catherine Huard, and Marjorie Lavoie. As we continued to diversify our Editorial Review Board, we also look forward to welcoming more francophone members.

The publication and development of this journal would not be possible without the Taylor & Francis team, including Anna Harp and Hayley Baber (Portfolio Manager- Mental Health), Mark Angelo Nabor (Editorial Assistant), Nathan Clark (Production Editor), Ben Hudson (Marketing Manager), Adam Burbage (Managing Editor), and many others. Thank you for supporting us and improving our journal in countless ways.

Each year, I am inspired by different authors' fascinating research and perspectives. I would like to extend my gratitude you to the journal authors and our readership. I once again look forward to another flourishing year ahead.



Envisage: CATA-ACAT Online Magazine

Patricia Ki, *RCAT, RSW, PhD Cand.*
Editor & Committee Chair

After 5 years of being involved with this publication, from its previous format as a PDF newsletter to its current dedicated space on the CATA-ACAT website, I am stepping down as the editor for *Envisage* at the end of this year, in order to make space for new energy and new visions for this platform of shared knowledge and creative expressions.

We are very excited to welcome Sarah Gysin as the new editor of *Envisage* starting in the February (winter) 2022 issue. Sarah brings editorial and graphic design experiences, enthusiasm for collaboration, as well as dedication in making space for voices that have been marginalized in our field. We are very grateful for Sarah to be carrying the magazine forward.



Much gratitude also to our reliable editorial team, without their generous contribution of time and energy this publication would not be possible: Dr. Chioma Anah (writer, Baltimore, MD), Marcela Boechat (reviewer, Brazil), Taylor Bourassa (reviewer and writer, ON), Nancy Coutour (reviewer, QC), Ninat Friedland (reviewer, ON), Rebecca Montgomery (writer, BC), and Dianne Shannon (reviewer, BC). Many thanks also to Amanda Gee and Mary Norton, who attentively reviewed my last-minute submission of the magazine draft right at the publication deadline for every issue. Thank you for bearing with me. It has been such a privilege to work with everyone, I am looking forward to the continuing unfolding and flourishing of the magazine as a space for connections and inspirations.

A handwritten signature in black ink, appearing to read 'Patricia Ki'.

Governance and Government Relations Report

Submitted by: Sharona Bookbinder,
BSc, DTATI, MBA, DAT, OATR, RCAT, RP
Thornhill, Ontario



After completing my second year in the Governance and Government Relations position, I am happy to continue in the position if possible and it has been a wonderful learning curve for me. I have assisted with the Advocacy Committee's Blue Blob campaign and am looking forward to our next advocacy campaign. I am eagerly following and looking forward to each new province's regulations (as mentioned in the VP report). I am also the PRPA (Partnership of Registered Psychotherapists in Ontario <https://prpainfo.ca>) representative and have become involved in the Governance committee, helping to advocate for title protection, HST exemption and social media communications. I have also been the interim Ethics Chair, I have handled approximately eight ethical complaints to the satisfaction of both parties, effectively upholding our standards of practice.

I have witnessed our Board go through many challenges and changes this year, and handle it with grace and dedication. We provided guidance and validation during the global pandemic about changes in practice and offered secondary resources for clinician wellness. We carried out an amazing fall conference in 2020 and I am really looking forward to our current virtual conference.

As an update on the national survey of 2019, we are still in the process of analysing data with our committee. We received a robust sampling of responses and are looking forward to finding insights and correlations in data.

I am so honoured and privileged to work alongside and with this wonderful group of dedicated professionals, who truly give it their all and then some more. I look forward to the next year, to enhance my learning and support of the Board and most of all to see each member engage with us and co-create our legacy.

SR Bookbinder

Member at Large Report

Submitted by: Tammy Reynolds
HBA, B.ED, DTATI, RP
Thunder Bay, Ontario



This is my first year in the Member at Large position, and I found it to be a perfect introduction to the workings of a national board.

As a newer member to CATA-ACAT and the Art Therapy profession, I was curious to find out what happens behind the scenes of this volunteer board, and decided at the AGM in November to run for the position of member-at-large to find out what CATA-ACAT means, does, and how I may help the board. I was welcomed with open arms and immediately felt like I was going to be part of an amazing group of people from all across Canada working together towards a common goal of supporting CATA-ACAT members, and being the leaders in the profession of Art therapy.

I was fortunate to have introductory video calls with various members of the board within the first couple of weeks of being in the position and introduced to the various portfolios and where my interests might be headed. I was very fortunate to work with a few of the directors and offered assistance when needed and became part of some of the committees.

I was able to meet with the Education director and worked on the new requirements and the application process for awards that are granted at the AGM and helped with other ideas for grants.

I worked with the Communications director and helped with the Wisdom Wednesdays campaign and also worked both with the Advocacy committee and Communications director for the Blue Blob Campaign for social media.

I was also able to assist with the conference planning for this year's AGM and found it an amazing undertaking to plan, coordinate and launch this year.

The main purpose of this position is an introduction to learn more about the work the Board does, and to find ways to offer support when possible to the various committees and the other directors. I found this position to be a perfect lead-in to the board, and also allowed me the opportunity to see what the board does, to find a committee, or another position on the board that I may be interested in and to continue with the work that CATA-ACAT does for the membership. It is a valuable experience and I feel fortunate to have been part of various committees, the work of CATA-ACAT, and to hopefully, continue to be part of this board.

Tamara Reynolds

Administrator Report

Submitted by: **Bethany MacGillivray**, MCP-AT, RCC, CCC
Port Moody, British Columbia



This is my first year as the Administrative Assistant with CATA-ACAT. I was looking for a way to connect deeper to the art therapy community, and this role with CATA-ACAT has truly given me the opportunity!!

I began this role in February 2021 and have worked closely with Samuel Stevenson as he transitioned into his new role as Chief Technology Officer (CTO). With big shoes to fill, Samuel has kindly transferred his knowledge and helped support my understanding and growth as we collaborate on systems to streamline the administrative process and continue to find efficiencies in communication with the Board and our members.

As the new Administrative Assistant, some of the projects I have had a chance to be a part of include:

- Provide technological and administrative support for the Anti-oppressive Practices (AOP) Working Group during two of the [3-part workshop series on anti-oppressive practices in creative arts therapies](#). The hard work and commitment that the AOP Working Group has dedicated to anti-oppressive practices has been inspiring. I look forward to being able to contribute more of my time to future projects with Patricia Ki, Mary Norton and Marie Muggerridge.
- Assisting Marie Muggerridge, with revamping the Registration membership application process.
- I have also had a chance to be a part of the 2021 Virtual Conference committee and saw all the hard work and dedication that the Board and volunteers put into making a unique and engaging conference experience. I look forward to the upcoming conference where I can meet many members virtually, and I look forward with hope at the possibility of an in-person conference in the future.

I am truly inspired by the CATA-ACAT Board and their hard work and dedication to the art therapy community. While it has been a lot to learn, I have truly enjoyed getting to know the organization more and cannot wait to continue to support the Board and members.

A handwritten signature in black ink, appearing to read 'Bethany MacGillivray', with a large, stylized flourish at the end.

Chief Technology Officer Report

Submitted by: **Samuel Stevenson, DKATI**
Unceded Sinixt təmx^wula?x^w
Winlaw, British Columbia



Over the last few years, CATA's digital systems have become both more polished and more complex. For this reason, the board saw fit to create a new part-time position to help develop, maintain, and provide training material for some of the more complex IT systems while continuing to trust the systems' operations to the CATA Administrator.

Some of the principal areas of focus for the Chief Technology Officer (CTO) role this year have been:

- Developing a digital knowledge hub to house organizational knowledge, training/onboarding materials, and succession planning information.
- Creating online forms to collect submissions for CATA's awards and bursaries.
- Helping develop an online submission process for the new RCAT application process launching in February 2022.
- Onboarding the new CATA Administrator, Bethany MacGillivray, while documenting the process for future administrative turnovers.
- Improving and documenting the online registration system for our annual conferences.
- Further automating digital processes to free up administrative and board resources.

Much of our focus for the coming year will be improving the user experience of our members and leveraging our digital resources to provide our members with additional support. This process will begin with the launch of the new RCAT application process. We also plan to improve the search functionality of the art therapy and supervisor directories, making it easier for clients to find art therapists that meet the criteria they are looking for.

It continues to be a pleasure to serve this organization and I thank all my colleagues at CATA for all the diligence and care that they bring to their work.

A handwritten signature in black ink, appearing to read "Samuel Stevenson".

Treasurer's Report

Submitted by: **Waqas Yousafzai**, B.Es, MA, GCPM
Halifax, Nova Scotia Mi'kma'Ki



Our Association is financially healthy and we have healthy retained earnings and liabilities that do not exceed our revenues. As to be expected, COVID-19 had a significant impact on our organization. Despite this, we are in a strong financial position as the organization has maintained healthy reserves and a strong cash position. Our membership, conference, and annual operations have remained in line with our expectations and key variances and expense items are highlighted in the paragraphs below.

Last year over the period March 1 2020 - June 31 2021, CATA-ACAT collected \$111,595.35. Over the same period, last year due to COVID19, our membership revenue was down by \$21,170 and we only collected \$35,122 over the year. This decline was a result of the association's policy on payment of membership dues. More specifically, in April 2020 CATA-ACAT extended the due dates for membership payment for six months until October of 2020. The membership dues policy was placed on hold to ensure that art therapists across Canada who were financially impacted by the pandemic did not have to make payments to renew their membership. Indeed, when the waiver time period ended, CATA-ACAT collected the sums again and this is the reason for a larger than usual bump in our revenues. In 2021, the organization still allowed for payment deferrals based upon individualized extenuating circumstances and barriers. This deferral policy of the organization was unanimously passed by the Board of Directors in 2020.

In fiscal year 2020/21, CATA-ACAT continued to streamline its annual conference registration and internal communication processes. To this end, we invested in an events management software called EventSquid to manage registrations and speakers. As you are aware and in line with many Canadian organizations, CATA-ACAT's 2020 in-person conference was postponed due to the pandemic and simply moved online. The organization also outsourced its Communications and Tech functions and continues to have a position that manages the organization's administrative load. This past fiscal year was marked as an unusual time in many organization's histories and I am very proud of the fact that CATA-ACAT was able to weather the storm due to prudent financial management in the past years. Our organization has continued to grow modestly and incrementally each year. In line with this growth, our HST/GST remittances to the Government of Canada have also grown. As a nationally incorporated Not For Profit, we are required to submit an annual HST/GST return and remit the Government of Canada of the HST/GST it has collected over the fiscal year. I am pleased to state that our annual HST/GST has been calculated, filed, and paid to the Receiver General of Canada. Each year, we also update our corporate entity with Industry Canada, and we are also up to date on our payments in this regard.

At the end of the fiscal year in June 2021, CATA-ACAT is in a very strong financial position despite an unplanned deficit year due to the global pandemic that had seen our revenues decline. CATA-ACAT has \$203,452 in assets after all its 2020 taxes, 2020 corporate fees, and 2020 operational liabilities were fully paid

off. We look forward to continue to support art therapy and art therapists from coast to coast to coast. Thank you.



Financial Statements

Canadian Art Therapy Association

Profit and Loss
July 2020 - June 2021

	TOTAL
INCOME	
4610 - Academic Journal (Income)	7,202.12
4690 - Membership Dues	111,595.35
Total Income	\$118,797.47
GROSS PROFIT	
\$118,797.47	
EXPENSES	
5590 - Administration - Operations	23,190.15
5670 - Bank charges	480.50
5830 - Administration - professional fees	3,261.66
5891 - Academic Journal	23,330.00
5892 - Scholarships	3,500.00
5893 - Training/Development	5,700.00
5895 - Advocacy/Gov Relations	1,810.95
5896 - Insurance Charges	1,722.00
Total Expenses	\$62,995.26
PROFIT	\$55,802.21

Canadian Art Therapy Association

Balance Sheet
As of June 30, 2021

	TOTAL
Assets	
Current Assets	
Cash and Cash Equivalent	
1010 - RBC Chequing #8895	182,983.39
1015 - RBC Small Business Acct #104-343-9	11,311.06
1030 - Petty Cash	500.00
GIC	4,399.63
Total Cash and Cash Equivalent	\$199,194.08
1310 -RBC Investments Acct #157118	4,258.72
Total Current Assets	\$203,452.80
Total Assets	\$203,452.80
Liabilities and Equity	
Liabilities	
Current Liabilities	\$10,014.12
Total Liabilities	\$10,014.12
Equity	
Opening Balance Equity	159,742.64
Retained Earnings	-22,106.17
Profit for the year	55,802.21
Total Equity	\$193,438.68
Total Liabilities and Equity	\$203,452.80

2021 CATA-ACAT Proxy Ballot Form

I, the undersigned, hereby acknowledge that I am a voting member in good standing of the Canadian Art Therapy Association and that the person designated below has the authority to vote for me at the 2021 Annual General Meeting.

This proxy is valid for:

- All matters voted on at the meeting.
- As I have designated on this ballot.
- New items that are not on the agenda.

This ballot must be presented to the CATA-ACAT President to president@canadianarttherapy.org no later than seven (7) days in advance of the date of the AGM or put in the ballot box that will be available at the AGM registration desk prior to the start of the meeting.

Date: _____

Name of the Designated Voter (please print): _____

Name of the Absentee Voter (please print): _____

Signature of Absentee Voter: _____

Mark your ballot with an X in the circle of your choice. If it is a NO and you would like to make a comment about this choice, please write in the space.

Agenda Item #3 - Approval of 2021 AGM Agenda

YES NO

Comments: _____

Agenda Item #4 - Approval of 2020 AGM Minutes

YES NO

Comments: _____

Agenda Item #5 - Approval of 2021 Annual Reports

YES NO

Comments: _____

Agenda Item # 6 - Approval of 2021 Financial Statements

YES NO

Comments: _____

Agenda Item # 7 - Election of Board of Directors

YES NO - **President** - Amanda Gee (Second term)

Other Nomination: _____

YES NO - **Vice President** - Nicole Le Bihan (Second term)

Other Nomination: _____

YES NO - **Treasurer** - Waqas Yousafzai (Second term)

Other Nomination: _____

YES NO - **Education** - Heidi Argyle (Second term)

Other Nomination: _____

YES NO - **Governance and Government Relations** - Sharona Bookbinder (Second term)

Other Nomination: _____

YES NO - **Director of Communications** - Tamara Reynolds (First term)

Other Nomination: _____

Research and Publications - Vacant

Nomination: _____

Member at Large - Vacant

Nomination: _____

Comments:

A voting member wishing to vote at a subcommittee meeting or main committee meeting via proxy shall designate a member from the applicable subcommittee or main committee or an individual from the voting member's voting interest. A voting member wishing to vote via proxy shall personally contact the member or individual from their voting interest whom the member wishes to exercise the proxy and must complete the proxy form in its entirety. Failure by the member to sign the form and complete all sections by hand will invalidate the proxy. The duly executed handwritten proxy form shall be mailed, emailed as a scanned attachment, or faxed by the voting member, or hand delivered by the proxy holder to the chairman of the committee or subcommittee prior to the applicable meeting or action. A separate proxy form shall be completed for each individual meeting of a subcommittee or a main committee. The solicitation of proxies from voting members is prohibited. Solicited proxies will not be accepted. No voting interest shall hold or exercise proxies for more than one voting member in any subcommittee or main committee meeting. Your signature attests the above has been strictly followed.