



2020 ANNUAL GENERAL MEETING INFORMATION PACKAGE

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AGM Agenda

Saturday, November 14, 2020 | 2:45 PM - 4:00 PM EDT

1.	Welcome	_____	Amanda Gee
2.	Call to Order	_____	Amanda Gee
3.	Approval of the 2020 Agenda	_____	Amanda Gee
4.	Approval of the 2019 AGM Meeting Minutes	_____	Amanda Gee
5.	Presentation of Annual Reports	_____	Amanda Gee
6.	Presentation of Financial Statements	_____	Waqas I. Yousafzai
7.	Election of Board of Directors <ul style="list-style-type: none">● President - Amanda Gee● Vice President - Nicole Le Bihan● Treasurer - Waqas Yousafzai● Director of Education - Heidi Argyle● Director of Governance and Government Relations - Sharona Bookbinder● Director of Research & Publications - Mary Norton● Director of Communications - Patricia Ki● Director of Membership - Vacant● Member at Large - Vacant	_____	Sharona Bookbinder
8.	Announcement of Awards and Bursaries Recipients	_____	Heidi Argyle
9.	Announcement of 2021 Conference	_____	Gilda Raimondi
10.	Adjournment	_____	Amanda Gee

2019 AGM Meeting Minutes for Approval

2019 AGM Agenda

Date	Oct 26, 2019	Time	12pm - 1pm MDT	Location	MacDonald Hall, SAIT, 1301 16 Ave NW, Calgary, AB T2M 0L4
Chair	Amanda Gee	Secretary	Samuel Stevenson	Attendees	Listed below
Proxies	0	Email Votes	0		

Members

#	Member Name	Voting/Non-Voting
1	Laura Andrew	Voting Member
2	Heidi Argyle	Voting Member
3	Sherry Beaumont	Voting Member
4	Sharona Bookbinder	Voting Member
5	Helen Bzdel	Voting Member
6	Monica Carpendale	Voting Member
7	Olena Darewych	Voting Member
8	Laura David Foster	Voting Member
9	Dana Delorme	Voting Member
10	Cindy Fawcett	Voting Member
11	Amanda Gee	Voting Member
12	Wendy Goetze	Voting Member
13	Tuula Heinonen	Voting Member
14	Heather Hennick	Voting Member
15	Maya Ichikawa	Voting Member
16	Rapinder Kaur	Voting Member
17	Nicole Le Bihan	Voting Member

18	Adriana Leinberger	Non-voting Member
19	Dorothy Mackintosh	Voting Member
20	Alice Madden	Voting Member
21	Eleanor Madeley	Voting Member
22	Marie Muggeridge	Voting Member
23	Jo Hammond-Meiers	Voting Member
24	Mary Norton	Voting Member
25	Sarah Peacock	Voting Member
26	Olga Perju	Voting Member
27	Laurie Ponsford-Hill	Voting Member
28	Lucille Proulx	Voting Member
29	Tayler Schenkeveld	Voting Member
30	Gilda Raimondi	Voting Member
31	Allan Rosales	Non-voting Member
32	Stephanie N. Godel	Non-voting Member
33	Ana Seara	Voting Member
34	Darlynne Hildebrandt	Voting Member
35	Jenn Seniuk	Non-voting Member
36	Andrea Carlson	Voting Member
37	Victoria Wirth	Voting Member
38	Eleanor Madeley	Voting Member
39	Nicola Sherwin-Roller	Voting Member
40	Susan Spyker	Non-voting Member
41	Janet Stalenhoef	Voting Member
42	Samuel Stevenson	Voting Member
43	Jodi Strom	Voting Member
44	Carolyn Ritchie	Voting Member
45	Jean Tait	Voting Member
46	Haley Toll	Voting Member
47	Aleitha Ward	Voting Member
48	Tzafi Weinberg	Voting Member
49	Waqas Yousafzai	Non-voting Member

2019 Meeting Minutes for approval

1.	Welcome	_____	Amanda Gee
2.	Call to Order	_____	Amanda Gee
3.	Approval of the 2019 Agenda Moves: Sherry Beaumont Seconds: Ariana Leinberger	_____	Amanda Gee
4.	Approval of the 2018 AGM Meeting Minutes Moves: Monica Carpendale Seconds: Sherry Beaumont	_____	Amanda Gee
5.	Presentation of Annual Report 2019 <ul style="list-style-type: none">• Monica thanked Haley for work as president• Members asked that Education report be expanded on• Mary reported that the CATA-ACAT Board had approved a recommendation of the PLAR subcommittee to expand the Education Standards - Admissions - to include Equivalency Assessment. Discussion ensued re requirements for EA. Requirements for RCAT application also to be amended to include EA.• Suggestion of a gathering among school reps and Education Chair Moves: Monica Carpendale Seconds: Lucille Proulx	_____	Amanda Gee
6.	Presentation of Unaudited Financial Statements Moves: Monica Carpendale Seconds: Sherry Beaumont	_____	Sharona Bookbinder
7.	Appointment of Accountant 2018-2019 <ul style="list-style-type: none">• Announced that new accountant and bookkeeper will be appointed in the coming year Moves: Rapinder Kaur Seconds: Olga Perju	_____	Sharona Bookbinder
8.	Election of Board of Directors	_____	Waqas Yousafzai

President - Amanda Gee
Moves: Monica Carpendale
Seconds: Sherry Beaumont

Vice President - Nicole Le Bihan
Moves: Monica Carpendale
Seconds: Tzafi Weinberg

Treasurer - Waqas Yousafzai
Moves: Nicola Sherwin-Roller
Seconds: Sherry Beaumont

Director of Education - Heidi Argyle
Moves: Olena Darewych
Seconds: Rapinder Kaur

Director of Governance and Government Relations - Sharona Bookbinder
Moves: Monica Carpendale
Seconds: Lucille Proulx

Director of Research & Publications - Mary Norton
Moves: Monica Carpendale
Seconds: Jean Tait

Director of Communications - Jean Tait
Moves: Monica Carpendale
Seconds: Olena Darewych

Member at Large - Marie Muggeridge
Nominations for Marie Muggeridge & Cindy Fawcett. Cindy offered to wait to hear if another Member-at-large position could be created.
Moves: Rapinder Kaur
Seconds: Jodi Strom

9. **Announcement of Awards and Bursaries Recipients**

Heidi Argyle

Student Bursary
Rebecca Harrison

Research Award
Alexandra Hanania

Journal Award
Announcement of 2020 Conference
10.
11.

Journal Award

Sherry Beaumont

Announcement of 2020 Conference

Grenfell Campus of Memorial University
Corner Brook, NL
October 2-4, 2020

Conference Chair - Sandra Hewitt-Parsons

Adjournment

Gilda Raimondi

Amanda Gee

Annual Reports 2019-2020

Thank-You's

CATA-ACAT would like to thank the following individuals for their leadership and volunteerism this past year.

Executive Council

President	_____	Amanda Gee (ON)
Vice President	_____	Nicole Le Bihan (BC)
Treasurer	_____	Waqas Yousafzai (ON)

National Directors

Communications	_____	Patricia Ki (ON)
Education	_____	Heidi Argyle (ON)
Governance	_____	Sharona Bookbinder (ON)
Membership	_____	Gilda Raimondi (ON)
Research & Publications	_____	Mary Norton (NS)
Member at Large	_____	Marie Muggeridge (AB)

Other Committee Chairs

Journal Editor	_____	Haley Toll (ON)
Online Magazine	_____	Patricia Ki (ON)
Social Media	_____	Susan Spyker (AB) [Outgoing] Patricia Ki (ON) [Acting]
Advocacy	_____	Sandra Hewitt-Parsons (NL)
Conference	_____	Sandra Hewitt-Parsons (NL)
Conference Advisor	_____	Gilda Raimondi (ON)
Registrar	_____	Adriana Leinberger (MB)
Ethics	_____	Sharona Bookbinder (ON) [Acting]

There have also been people volunteering on committees who have not been mentioned individually here. We are thankful to all of the volunteers who have supported us and in all the capacities they serve. Thank you to our Provincial Regulation and College representatives, our Editorial Review Board and great committees. Your contributions and expertise benefits us all as a community. Thank you to our administrative assistant Samuel Stevenson for your continued support to all of the board positions and for all of your hard work for the

association as a whole. In addition, we would like to thank other organizations who are working with us to produce conferences and promote excellence in art therapy:

- British Columbia Art Therapy Association (BCATA)
- Ontario Art Therapy Association (OATA)
- Association des art-thérapeutes du Québec (AATQ)
- The American Art Therapy Association (AATA)

President's Message

Submitted by: Amanda Gee, BFA, RCAT, RP
Toronto, Ontario



After last year's amazing conference in Calgary we left looking forward to Newfoundland this year. Unfortunately, the world had different plans for all of us. With the COVID-19 pandemic sweeping the planet we all had to change and adapt.

I remember someone saying to me "as a whole we are resilient" in reference to art therapists, and I believe this to be true. Art therapists are creative and adaptive, we are always adapting to new clients, situations and environments, and we sure have had to adapt during this new global situation. Some lost work due to closures, others were on the front lines working straight through the pandemic, we learned to don and doff PPE, to negotiate privacy laws and online platforms, we learned to run sessions online or with social distancing, and we are still adapting to the ever changing situation. The board came together to see how we could help our membership in these difficult times. We delayed membership payments, provided free advertising, and worked with schools to help students.

We had to postpone the conference in Newfoundland to 2021 and planned our first virtual conference in CATA-ACAT's history. *Art Therapy Now More Than Ever: Sustaining and Expanding Creative Practices in Unprecedented Times* is an exciting first for the Canadian Art Therapy Association, and while I am sad to not be with everyone in person I am excited that we can still come together, still connect. Thank you to everyone who organized this conference and made it happen. While I am hopeful that we can be together in person again next year I am also aware of the extra reach that this conference has.

In response to the anti-Black racism happening in the world we made a statement this spring, but it was more than that, it was a commitment to anti-racism and diversity. We are committed to supporting our membership and doing better. We will continue the work and are working with consultants regarding next steps.

It continues to be an honour to be a part of the board and I look forward to continuing the work this coming year. Thank you as always to our dedicated volunteers who keep CATA-ACAT moving forward. And to our membership, thank you, we are with you, we appreciate you, we believe in you, and we invite you to get involved.

A handwritten signature in black ink, appearing to read 'Amanda Gee', with a long horizontal flourish extending to the right.

Vice President Report

Submitted by: **Nicole Le Bihan**, MA, DKATI, RCAT
Nelson, British Columbia



This past year has been my entry into the CATA-ACAT Board of Directors, and I am so grateful for the experience. Over the year, I have been getting familiar with the inner workings of the organization and learning how I can contribute to the art therapy profession while in the role of Vice President. I have really enjoyed connecting with colleagues from across the nation and getting a macro view of art therapy in Canada. It is absolutely amazing how we are all practicing in unique and distant settings, and yet we are all interconnected through our passion for the healing power of the creative process.

The Board of Directors has been quite busy this year, as we have been staying focused on how to support our members during these unusual circumstances related to the global pandemic. Although it was not feasible to have the annual conference as planned, we felt it was important to maintain connection with one another during these challenging times by offering our first virtual conference. Our intention is to celebrate the ways in which art therapists are rising to the challenge of practicing during COVID times. I am so inspired by learning about the many ways that we are adapting, shifting and expanding our services to support clients, artist-participants, art therapy students and the broader community.

I am deeply impacted by the calls to action highlighted by the Black Lives Matter movement and I feel strongly that we have a collective responsibility, as a Board of Directors, to continually learn and adapt CATA-ACAT's efforts to meet the needs of all members, including BIPOC members; and to advance the profession of art therapy to meet the needs of BIPOC clients and communities. I acknowledge that this call to action is not easy, or comfortable; but it is absolutely necessary, and I am committed to the process.

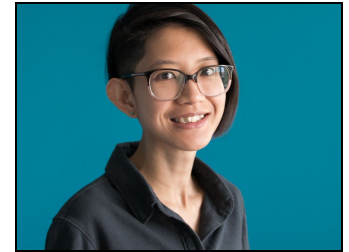
One role that I have taken on this year, which is very new to me, is being the CATA-ACAT representative for FACT-BC. I am getting an inside look at the importance of government regulation of counselling therapy, and this experience has been quite informative. I have deep respect for all the therapists across the country, including many CATA-ACAT members, who have invested countless volunteer hours to move this important initiative forward. Thank you for ensuring that art therapy is included in the regulation of counselling therapy/psychotherapy.

It has been a pleasure and an honour to be on the CATA-ACAT Executive, and I look forward to another year of service. Thank you so much to everyone involved, for all your generous volunteer time. We have an amazing, hardworking team!

A handwritten signature in black ink that reads "Nicole Le Bihan". The signature is fluid and cursive, with the first name "Nicole" and last name "Le Bihan" clearly legible.

Communications Report

Submitted by: Patricia Ki, RCAT, RSW, Doctoral Student
Toronto, Ontario



Over the past months we have collectively experienced many extraordinary challenges in the art therapy and broader community. We endeavoured to respond to this time of uncertainty by communicating information that was timely and useful to members and the public. In the spring we compiled and published [a list of resources](#) for art therapists as well as those seeking mental health support, particularly in regards to virtual therapy and guidance for developing electronic practices. Understanding particularly the financial impacts of COVID-19 on contract workers, we have waived the fees for CATA-ACAT members to share marketing posts through our membership emails and social media channels until December 2020, as a way to support and promote the work of art therapists.

We also bear witness to the brutal and ongoing manifestations of anti-Black racism and systemic racist violence in Canada and the US. At the same time, we are inspired and motivated by the persistent activism of Black Lives Matter and other anti-racist and anti-colonial organizing. We continue to seek ways in connecting with members that reflect our commitment to self-reflections on our individual and collective responsibilities in dismantling oppressive and colonial structures in our profession, as well as to listening and learning from experiences of BIPOC practitioners, students, and people who access art therapy services. One such way of connection was creating social media contents that highlight knowledge already shared particularly by feminist scholars and activists of colour to encourage further reading on alternative histories that challenge a singular, Eurocentric worldview.

Earlier in the year our social media team, Jennifer Lee and Lin Liu, in collaboration with Member-At-Large Marie Mugeridge, also created two series of social media posts to celebrate and acknowledge the work of CATA-ACAT volunteers and board members. More recently, Jennifer also supported the creation of promotional posts for each conference presenter and presentation team. We hope that these stories and images in our online communities help to cultivate opportunities for connections, knowledge exchange, and mutual support in the art therapy community. Thank you so much Jennifer, Lin and Marie for your contribution of time and creative energy!



Education Report

Submitted by: Heidi Argyle DTATI, MA, RP, RCAT
Waterloo, Ontario



This year has been unprecedented in so many ways; my first year of serving as Education chair has been one of learning and growth and I wouldn't change it for the world!

One major change, necessitated by the evolving COVID-19 pandemic was the need to support current students in their training. Meeting with the board and supervision committee we put forth and agreed to lower the current CATA-ACAT practicum standard from 350 direct client contact hours down to 300. This provision was later extended to reach all students enrolled in an art therapy program from January to December 2020.

As well it was top of my to-do list to review and update the CATA-ACAT education standards, which has not had a major overhaul in over 5 years. It was apparent that the current standards are quickly falling behind the changing landscape of art therapy practice, currently CATA-ACAT lacks training provisions for online learning and telehealth.


Online education, training needs were spearheaded to the forefront of many students and professionals alike this year and I have begun work with the supervision committee to begin drafting standards and training in telehealth for students and professionals. Part of this work is reviewing current research, methods, ethics and what other associations from around the world are engaging in. Working alongside governance we are looking to improve student access to online learning.

There are evolving steps for reviewing the education standards, part of that was to obtain input from training institutions about how the standards have been meeting or not meeting their needs. We sent out a survey asking training institutes to provide feedback on changes and we will be forming a committee to propose the changes formally in 2021. My hope is this process will overlap with the program review that takes place every 5 years.

Finally, we reviewed a new program offered by WHEAT; an Indigenized Art Therapy training program which focuses on using non-western methods, traditional teachings and indigenous educators to train Indigenous and non-Indigenous art therapists. It was a pleasure to work with WHEAT administrators and Mary Norton on this review. We on the board look forward to seeing the changing scope of art therapy training involve other lenses and cultures.

I continued to respond to education inquiries from prospective students. Many inquiries this year were queries about regulation and the ability to practice art therapy upon graduation. This points to the changing landscape in Canada as more and more provinces move towards regulation, and art therapy is being included in this change.

There are so many changes happening to the profession and I am so thrilled to be a part of that forward momentum preparing future art therapists for their careers. I am so grateful to have the support of the CATA-ACAT board members, most notably Mary Norton who has been available to help me transition and



take over the portfolio. I would also like to thank the education institution directors and academic deans for their contributions and patience as we navigate these unprecedented times. I look forward to digging in and getting these projects before the membership within the next year.



Membership Report

Submitted by: **Gilda Raimondi**, DTATI, RCAT, RP
Whitby, Ontario



What a year this has been! I have so much admiration for my fellow board members in being able to adapt and transcend in these challenging times. I am honoured to have had this opportunity to work with a team of dedicated individuals and to have witnessed the resilience and hard work it took to support CATA-ACAT and its members.

In my second year as membership director, I continued to provide guidance to the members of CATA-ACAT. I answered inquiries regarding the different levels of membership both nationally and internationally, I replied to enquiries related to liability insurance and provided resources as needed. The new registration application was put on hold this year due to the current unforeseen circumstances that prompted us to divert our focus on situations that needed our immediate attention. Although we were not able to complete these changes, we discussed a few essential modifications that will improve the registration process for members. We hope to continue to work on enhancing the registration application and implement these changes in the year to come.

As a conference advisor, I guided the 2020 conference committee in the planning of the annual conference in Corner Brook, NL. When the global pandemic occurred, the board of directors had to make the difficult decision to postpone the Corner Brook, NL conference and transition to the virtual conference. The board of directors worked expeditiously to implement this exciting and progressive way of offering the annual conference. This transition created an opportunity for CATA-ACAT to offer a more accessible way of participating in the conference to members globally and remotely and to further connect, share, grow, support and learn from each other in these unprecedented times. It has been an exciting challenge to organize a virtual conference for the first time in the history of CATA-ACAT. I look forward to continuing to assist with the upcoming 2021 conference in Corner Brook, NL and to continue on this progressive path.

Membership Type	#
Professional	413
Registered	185
Student	109
Associate	47
Honorary Life Member	9
Inactive	8

It has been a privilege to be part of the Canadian Art Therapy Associations executive board of directors and the conference committees. I had the opportunity to experience what a team of devoted and passionate individuals can accomplish in times like these. I sum it up with this quote, “ The strength of the team is each individual member. The strength of each member is the team” by Phil Jackson.

Gilda Raimondi

Research & Publications Report

Submitted by: **Mary Norton** PhD, MPS-AT, RCAT, RCT-C
Wolfville, Nova Scotia



My role as Research and Publications director includes to support the editors of the CATA-ACAT journal and online magazine. As an art therapist, I appreciate the research and the showcasing of practices, diverse perspectives and creative approaches offered through the two publications. As R and P director, I have learned about and appreciate the extensive behind the scenes work that brings these publications to our doors and desktops. Thank you **Haley Toll** and **Patricia Ki**, for your vision, skills, perspectives and commitment as editor of the *Canadian Journal of Art Therapy: Research, Practice, and Issues // Revue canadienne d'art-thérapie : recherche, pratique et enjeux* and as editor of *Envisage*, respectively, and to the writers, reviewers, other volunteers and to the staff at Taylor and Francis, journal publishers. Haley's and Patricia's reports follow this one.

I had glimpses of the behind the scenes work as acting journal editor while Haley was on a brief leave. As well, Haley and I updated journal information on the CATA-ACAT website and I occasionally provided an extra set of eyes for review or editing.

With the publications in good hands, I was pleased to represent CATA-ACAT on a funding application to develop a community scan of arts and health programs in Newfoundland and Labrador.¹ CATA-ACAT's participation in the project was a way to raise awareness about art therapy, support CATA-ACAT's mandate to advocate for art therapy, and encourage cooperation among art therapists and other arts based programmers. Although the application was unsuccessful, I hope that CATA-ACAT's participation opened a door to future research partnerships.

I was also pleased to participate in a panel on research, pre-recorded for the 2020 CATA-ACAT virtual conference. My presentation on research in practice reflects my hope to encourage and support art therapists to explore various ways to engage in and report on research about our practices. Thank you Haley for initiating and chairing the panel and to panel participants for sharing your experiences and perspectives.

Along with other Board directors, I participated in various "other jobs as required" that came our way this year. I value the experience of Board colleagues and how their perspectives expand my own. Looking ahead, my term as R and P chair will be up in 2021; I would be happy to talk with anyone who might be interested in the position.

Mary Norton

¹ The idea of a scan was explored through the Research Exchange on Arts, Memorial University. The grant application was submitted to Memorial University's Public Engagement Accelerator Fund. Haley Toll, PhD Candidate was principal applicant with co-applicants Dr. Jane Gosine and Dr. Natalie Beausoleil, Memorial University, and with CATA-ACAT as an external applicant. Although the grant application was unsuccessful, a compendium of arts and health research and programming was subsequently developed by Lynsey Alcockna as part of her MPH Practicum at Memorial's Faculty of Medicine. [\[Link\]](#)

CATA-ACAT Journal

Haley Toll, Ph.D. Cand., RP (inactive due to studies), CCC, RCAT
Lead Editor



It has been a pleasure to continue as the Lead Editor with the support of the Research and Publications Director (Mary Norton), Editorial Review Board (ERB) and Taylor and Francis publication team. This year, our journal has changed its name to reflect an inclusive and clear title that is able to reach a wide readership and reflect broad art therapy approaches. The CATA Board, other stakeholders, and I brainstormed more than ten possible titles. This year, the CATA-ACAT membership, publications team and ERB were invited to vote on their preferred title. With 56.6% of the the total votes, the title chosen is:

- ***Canadian Journal of Art Therapy: Research, Practice, and Issues- Revue canadienne d'art-thérapie : recherche, pratique et enjeux.***

As the official journal of CATA-ACAT, the choice by our membership reflects an emphasis on particular art therapy research (as opposed to broader creative therapies) and also reflects a Canadian identity.

Furthermore, it is still in line with our journal's scope and aims, which can be seen here:

<https://www.canadianarttherapy.org/journal> Our upcoming open issue (Vol 33, Issue 3) that will publish in December will explore this new journal title.

We continue to grow with 12,107 article downloads in 2020 (YTD). This is a 7% increase from last fall. Furthermore, with increased quality submissions and a professional review board, our journal acceptance rate has decreased, meaning that we are becoming more selective with our publications. Other changes to our journal include the adoption of the [APA 7th edition](#) for referencing style and writing mechanics. Some important changes to the seventh edition include changes to inclusive and bias-free language and journal article reporting standards. Moreover, Taylor and Francis will incorporate new metrics for our journal, such as:

- Impact Factor and Best Quartile, CiteScore, SNIP, SJR, 5 Year Impact Factor.
- Total article views in the last full calendar year.
- Average days from submission to first decision; average days from acceptance to online publication
- And Acceptance rate.

The CATAJ/RACAT publishes twice per year with a limited page count that is informed by our annual budget. We have published two special issues this year with the following themes:

1. Our special issue, called *Art Therapy: Expanding Borders and Boundaries* (Vol 32, Issue 2), was published in December 2019. Along with an arts-based reflexive editorial, the journal's intention is to expand preconceived academic silos and limiting research boundaries.
2. Our second publication this year, *Weaving Community Through Creative Expression* (Vol 33, Issue 1) reflected the theme of CATA-ACAT's conference that had taken place in Calgary. Knowing that this conference, and the phenomenal opening and closing ceremonies, were the last time that many of us art therapists congregated together in person since the COVID-19 pandemic, this conference's emphasis on community is particularly moving.

Our upcoming calls for future themed issues are the following:

1. [Art Therapy Now More than Ever: Sustaining and Expanding Creative Practices in Unprecedented Times](#)
2. [Art Therapy Education: Research and Reflections from the field](#)

On a personal level- I had a baby this spring, which is an indescribable experience that was indeed highly impacted by the current pandemic. I appreciate Mary Norton stepping in to support the Lead Editor role during this time by taking over many tasks. I also appreciate all of the authors, reviewers, and publication teams' patience with me, as I was much slower at responding as I sought balance with this new maternal role.

Thank you for the continued support and reviews from our Editorial Review Board Members. We welcome new members to the board this year, including Patricia Hoi Ling Ki and Alexandra Hanania. Thank you to our gracious and helpful external peer reviewers for recent issues, including Dr. Pierre Plante, Dr. Vera Heller, Sandra Hewitt-Parsons, Jennifer Vivian, and Dr. David A. Walters. Thank you to Anton Svendrovski, Olena Darewych, Sharona Bookbinder, Megan Kanerahtenha:wi Whyte and Mary Norton for your participation in the online virtual panel, *Sustaining and expanding art therapy research to address our current circumstances*. Thank you for your work in supporting art therapy researchers during these challenging times.

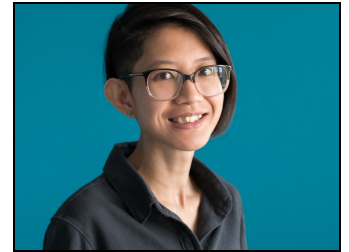
The publication and development of this journal would not be possible without the Taylor & Francis team, including: Anna Harp (Portfolio Manager), Nathan Clark (Production Editor), Katie Ormsby (Online Submission Coordinator), and Blake Plimpton (Marketing Associate), among others. In addition, Taylor & Francis created a new role to support our journal, and Mark Angelo Nabor has joined our team as Editorial Assistant. Thank you for your continued support, advice, and enthusiasm for our journal.

Finally, a large thank you to our continued readers and research authors for your contributions. I look forward to another productive and innovative year for the journal.



Envisage: CATA-ACAT Online Magazine

Patricia Ki, RCAT, RSW, Doctoral Student
Editor & Committee Chair



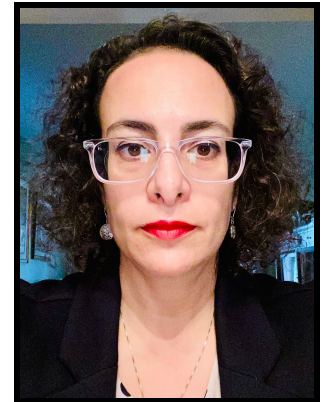
Envisage: The CATA Online Magazine continues to transform in expanding our capacity as a collective space for the sharing of knowledge, practices, reflections, and experiences in art therapy. In the summer, along with the launch of the new CATA-ACAT website, *Envisage* moved to a new and more accessible platform that makes the viewing and sharing of articles much easier. Many thanks to CATA-ACAT's administrator Samuel Stevenson for setting up this wonderful space on the website for the magazine. We are very grateful for the enthusiastic response to our very first special issue, [*Flourish*](#) (Spring/Summer 2020), which focuses on how we create space to care for ourselves and others during difficult times. The issue features creative works from across Canada as well as international communities, individual as well as collective projects. We hope that during a time of uncertainty and isolation this virtual publication can help to strengthen connections between us and serve as a reminder that we are not alone in our efforts to work toward a better future through the arts.

Much gratitude to our dedicated editorial team this year, without their reliable support this publication would not be possible: Marcela Boechat (Brazil), Taylor Bourassa (ON), Nancy Coutour (QC), Ninat Friedland (ON), Dianne Shannon (BC), and Susan Spyker (AB).

A handwritten signature in black ink, appearing to read 'Patricia Ki'. The signature is fluid and cursive.

Governance and Government Relations Report

Submitted by: Sharona Bookbinder
BSc, DTATI, MBA, DAT, OATR, RCAT, RP
Thornhill, Ontario



This is my first year in the Governance and Government Relations position, after 3 years as Treasurer, and it has been a learning curve for me. I have connected with the Advocacy Committee, in this portfolio, as well as recruited and maintained representatives for the FACT associations in British Columbia, Alberta, Saskatchewan, Manitoba and Newfoundland and Labrador. I participated in a virtual CATA-ACAT conference panel that is providing updates for each province on their process of establishing regulatory colleges, and the recording will be available for conference attendees and may be available afterwards as well. As the interim Ethics Chair, I have handled two ethical complaints to the satisfaction of both parties, effectively upholding our standards of practice.

I have witnessed our Board go through many challenges and changes this year, and handle it with grace and dedication. We provided guidance and validation during the global pandemic about changes in practice and offered secondary resources for clinician wellness. We advocated for a temporary reduction in direct client contact hours for students in art therapy training programs. We were heart-sick at witnessing the imbalance of power, racism and oppression in our world and with painful self-reflection, carefully drafted a message to our membership acknowledging our part, perspective and earnest desire to be part of change. After excitedly planning our fall conference, we made the tough decision to postpone that destination and conference and start fresh with a new virtual conference, pulled together in less than two months.

As an update on the national survey of 2019, we have reconvened our committee and are in the process of analyzing the data to distill into at least 1-2 journal articles. We received a robust sampling of responses and are looking forward to finding insights and correlations in data.

I am so honoured and privileged to work alongside and with this wonderful group of dedicated professionals, who truly give it their all and then some more. I look forward to the next year, to enhance my learning and support of the Board and most of all to see each member engage with us and co-create our legacy.

SR Bookbinder

Member at Large Report

Submitted by: Marie Muggeridge, BFA, MPS-AT, CCC
Edmonton, Alberta



This is the second year the CATA-ACAT Board has included the Member at Large position. I have been in this position since October 2019. It has been a privilege to witness the work of the Board Members. As the representative of the membership, I would like to acknowledge the dedication and vast amount of work the board members contribute to the functioning of CATA-ACAT. This year has been extraordinarily challenging and the Board has never wavered in their dedication to supporting the needs of the membership.

In my position this year I was able to support the social media team to showcase the Board Members through the “Meet the Team Tuesday” series. From this the membership was able to put a face to the name of the Board Position.

In addition, I was able to work closely with the Virtual Conference Committee to support the delivery of this first ever Virtual CATA-ACAT Conference. Together with the team we worked out the unique and diverse details of this upcoming event.

The main purpose of this position is to learn more about the work the Board does, as well as to support when possible. These past few months I was able to lend a hand in the registration process of our membership. I hope this position will continue to support the work of the board.



Administrator Report

Submitted by: Samuel Stevenson, DKATI
Winlaw, British Columbia



The Administrative Assistant position is a mix of providing outward-facing support for our members and the public and inward-facing support for our invaluable volunteers, committee members, and board members. I see five goals as defining this role: consolidation, continuity, capacity, security, and professionalism. I continue to work towards these goals with the resources at my disposal.

We closed last year by focusing on our processes for onboarding new board members and volunteers: clarifying expectations and setting up account transfers, password management, and building out an internal website for board and committee chair resources.

The new year began as many others before being side-swiped by the emergence of Covid-19. In response, the board created a resource list specific to art therapists and implemented a 6-month voluntary deferral of membership fees for those financially impacted by the virus.

During the lull in activity that occurred as the world worked to reorient itself, I was able to complete and launch the new CATA-ACAT website project that I had been chipping away at for almost a year. I want to thank the board for all the support I received on the project and, in particular, CATA-ACAT's new Communications Director, Patricia Ki. Grateful for your keen eye and systems-thinking! The new website is built on a platform that makes it very easy to edit and update, and we began seeing the benefits of this immediately. Much of the content from the old website was simply copied over, however. So now that the content is easier to edit, the next phase of the project will be to audit and update the existing content while building out any additional content that needs adding.

Another project that was launched alongside the new website was the updated [Grant and Bursary Award application forms](#), now fillable online. This was the result of an immense amount of work by Heidi Argyle, Haley Toll, Mary Norton and Marie Muggeridge. Thanks for your collective careful consideration and eye for detail!

The final major project to begin this year is the new event management platform we used to manage this year's Virtual Conference. The platform is very powerful and flexible but also idiosyncratic and, as such, took quite a while to learn. We had a few bugs to work out but (at least at the time of this writing), the event registration has been much smoother than many previous years.

As always, I need to thank the membership for all the kind interactions we've shared over the year and your patience with our improving (but ever changing) systems.

A handwritten signature in black ink, appearing to read 'Sam Stevenson'.

Treasurer's Report

Submitted by: **Waqas Yousafzai**, B.Es, MA, GCPM
Calgary, Alberta



Our Association is financially healthy and we have healthy retained earnings and liabilities that do not exceed our revenues. As to be expected, COVID-19 has had a significant impact on our organization. Despite this, CATA-ACAT is in a strong financial position as the organization has maintained healthy reserves and a strong cash position. Our membership, conference, and annual operations have remained in line with our expectations and key variances and expense items are highlighted in the paragraphs below.

Last year over the period March 1 2019 - June 31 2019, CATA-ACAT collected \$35,122. However, due to COVID19, our membership revenue went down to \$23,952. This is a decline of about \$11,170 which is a result of the association's policy on payment of membership dues. More specifically, in April CATA-ACAT extended the due dates for membership payment for six months until October of 2020. The membership dues policy was placed on hold to ensure that art therapists across Canada who were financially impacted by the pandemic did not have to make payments to renew their membership. Indeed, as of October 2020, CATA-ACAT has still allowed for payment deferrals based upon individualized extenuating circumstances and barriers. This policy has caused the organization to lose some revenue, however it was unanimously felt by the Board of Directors that the association is there to serve its members and will offer membership renewal deferrals for a limited time during this unprecedented period.

In fiscal year 2019/20, the organization also decided to streamline its annual conference registration process. To this end, we invested in an events management software called EventSquid to manage registrations and speakers. As you are aware and in line with many Canadian organizations, CATA-ACAT's 2020 conference was postponed due to the pandemic. In continuing to modernize the organization, the organization also moved to Quickbooks, an online platform for bookkeeping, and hired a new bookkeeper to help streamline our accounting processes. There is a one-time increase in costs associated with onboarding a new system and offloading the older system.

This past fiscal year was marked as an unusual time in many organization's histories and I am very proud of the fact that CATA-ACAT was able to weather the storm due to prudent financial management in the past years. Our organization has grown modestly and incrementally each year and in line with this reality, so have our HST/GST remittances to the Government of Canada. As a nationally incorporated Not For Profit, the Canadian Art Therapy Association is required to submit an annual HST/GST return and remit the Government of Canada of the HST/GST it has collected over the fiscal year. I am pleased to state that our annual HST/GST has been calculated, filed, and paid to the Receiver General of Canada. Each year, we also update our corporate entity with Industry Canada, and we are also up to date on our payments in this regard.

Furthermore, CATA-ACAT in 2020 was able to fully move away from PayPal and move its online processing system to an automated one. As such, CATA-ACAT received an outstanding amount of approximately \$5,400

from Paypal, which further bolstered our cash position. At the end of the fiscal year in June 2020, CATA-ACAT was in a strong financial position despite an unplanned deficit year due to the global pandemic that has seen our revenues decline. CATA-ACAT currently had \$139,993.87 for operations with all its taxes, corporate fees, and operational liabilities fully paid off and we look forward to continue to support art therapy and art therapists from ocean to ocean to ocean. Thank you.

A handwritten signature in black ink, appearing to read 'Wendy' followed by a stylized, abstract scribble.

Financial Statements

Canadian Art Therapy Association

BALANCE SHEET SUMMARY

As of June 30, 2020

	TOTAL
Assets	
Current Assets	152,002.14
Total Assets	\$152,002.14
Liabilities and Equity	
Current Liabilities	14,425.29
Equity	137,576.85
Total Liabilities and Equity	\$152,002.14

Canadian Art Therapy Association

PROFIT AND LOSS

July 2019 - June 2020

	TOTAL
INCOME	
4610 - Academic Journal (Income)	10,220.85
4690 - Membership Dues	60,850.43
4695 - Short Term Investment	4,399.63
Total Income	\$75,470.91
GROSS PROFIT	\$75,470.91
EXPENSES	
5340 - Conference	32,523.19
5590 - Administration - Operations	12,790.28
5592 - Administration - Board	2,373.91
5670 - Bank charges	229.26
5821 - Canada Revenue Agency (Taxes)	7,170.43
5830 - Administration - professional fees	7,236.89
5840 - Telephone & Teleconferencing	28.44
5891 - Academic Journal	28,677.09
5892 - Scholarships	2,477.54
5893 - Training/Development	1,274.33
5895 - Advocacy/Gov Relations	2,088.00
5896 - Insurance Charges	767.34
Total Expenses	\$97,636.70
PROFIT	\$ -22,165.79

2020 CATA-ACAT Proxy Ballot Form

I, the undersigned, hereby acknowledge that I am a voting member in good standing of the Canadian Art Therapy Association and that the person designated below has the authority to vote for me at the 2020 Annual General Meeting.

This proxy is valid for:

- All matters voted on at the meeting.
- As I have designated on this ballot.
- New items that are not on the agenda.

This ballot must be presented to the CATA-ACAT President to president@canadianarttherapy.org no later than seven (7) days in advance of the date of the AGM or put in the ballot box that will be available at the AGM registration desk prior to the start of the meeting.

Date: _____

Name of the Designated Voter (please print): _____

Name of the Absentee Voter (please print): _____

Signature of Absentee Voter: _____

Mark your ballot with an X in the circle of your choice. If it is a NO and you would like to make a comment about this choice, please write in the space.

Agenda Item #3 - Approval of 2020 AGM Agenda

YES NO

Comments: _____

Agenda Item #4 - Approval of 2019 AGM Minutes

YES NO

Comments: _____

Agenda Item #5 - Approval of 2020 Annual Reports

YES NO

Comments: _____

Agenda Item # 6 - Approval of 2020 Financial Statements

YES NO

Comments: _____

Agenda Item # 7 - Election of Board of Directors

Director of Membership - Vacant

Nomination: _____

YES NO - **Director of Communications - Patricia Ki**

Other Nomination: _____

Member at Large - Vacant

Nomination: _____

Comments:

A voting member wishing to vote at a subcommittee meeting or main committee meeting via proxy shall designate a member from the applicable subcommittee or main committee or an individual from the voting member’s voting interest. A voting member wishing to vote via proxy shall personally contact the member or individual from their voting interest whom the member wishes to exercise the proxy and must complete the proxy form in its entirety. Failure by the member to sign the form and complete all sections by hand will invalidate the proxy. The duly executed handwritten proxy form shall be mailed, emailed as a scanned attachment, or faxed by the voting member, or hand delivered by the proxy holder to the chairman of the committee or subcommittee prior to the applicable meeting or action. A separate proxy form shall be completed for each individual meeting of a subcommittee or a main committee. The solicitation of proxies from voting members is prohibited. Solicited proxies will not be accepted. No voting interest shall hold or exercise proxies for more than one voting member in any subcommittee or main committee meeting. Your signature attests the above has been strictly followed.